

# MEAT • FREE • MONDAYS

## SU Kitchen

# MEAT • FREE MONDAYS MENU

### FAIRTRADE TEA & COFFEE

	REG / SINGLE	LARGE / DOUBLE		REG / SINGLE	LARGE / DOUBLE		REG / SINGLE	LARGE / DOUBLE
CAPPUCCINO	£1.80	£2.50	ESPRESSO	£1.50	£2.40	ENGLISH BREAKFAST TEA	£1.40	
FLAT WHITE	£1.80		AMERICANO	£1.80	£2.50	FRUIT & SPECIALITY TEA	£1.40	
LATTE	£1.80	£2.50	HOT CHOCOLATE	£1.80	£2.50	MARSHMALLOWS	£0.60	
MACCHIATO	£1.70	£2.50	MOCHA	£1.80	£2.50	SYRUPS	£0.60	

## Breakfast

Served til 3pm

Choose between White or Granary toast and bread.  
Eggs can be Fried, Poached or Scrambled.

**VEGGIE BREAKFAST** 768kcal **£3.60**  
Two Linda McCartney Sausages(g), Free Range Egg(e), Two Hash Browns, Baked Beans and Toast (g) (l)

**LARGE VEGGIE BREAKFAST** 1115kcal **£5.90**  
Three Linda McCartney Sausages(g), Two Free Range Eggs(e), Three Hash Browns, Baked Beans and Toast (g) (l)

**EXTRAS 80P EACH**  
Add Tomatoes, fresh or tinned, or fresh Mushrooms

**MUSHROOMS ON TOAST** (g, l) 216kcal **£2.40**

**SCRAMBLED EGG ON TOAST** (g, l, e) 360kcal **£2.40**

**BEANS ON TOAST** (g, l) 271kcal **£2.40**

**BREAKFAST SANDWICH** **£2.30**

Bath Bakery Bread(g, l) with either Egg(e), Linda McCartney Sausage(g) or Hash Browns

**ADD AN EXTRA FILLING £1.00**

**BAGELS** (g)

**AVOCADO, TOMATO & RED ONION** **£3.60**

**HUMMUS, TOMATO & ROCKET** **£3.60**

**SCRAMBLED EGG & MUSHROOM BAGEL** (e) 675kcal **£3.90**

**TOAST** **£1.30** 179kcal

Two slices with Butter or Flora(g,l) with Jam, Marmite or Marmalade on Granary or White Bread.

**Gluten Free Bread Available, Please ask our staff.**

## MAINS

All burgers are served in a choice of Brioche or Sesame Seeded Bun (g,l).  
**Local Bath Bakery gluten free Burger Buns are available.**

### VEGETARIAN BURGERS

**SPICY BEAN BURGER** **£4.40** (g) 680kcal  
with Guacamole, Lettuce, and Tomato served with your choice of Bun

**HALLOUMI BURGER** **£4.40** 662kcal  
with Lettuce, Tomato, Sweet Chili Sauce served with your choice of Bun

**THE WHOOPER** **£5.50**  
Two 4oz Linda McCartney vegetarian burgers, a slice of Cheddar Cheese, Lettuce, Tomato and Onion Chutney with your choice of Bun

**HOMEMADE CHICK PEA CURRY** **£3.40**

Chick Peas, Lentils, Tomatoes, Onion, Broccoli, Spinach, Cumin, Coriander, Turmeric, Garlic, Ginger and Coconut Cream. Served with Rice

**VEGETARIAN CHILLI** **£3.40** (l)

Quorn mince, Tomatoes, Mixed Peppers, Kidney Beans and a variety of spices. Served with Rice

**CATALAN POTATO & BEAN STEW** **£3.40**

Potatoes, Cannellini Beans, Tomatoes, Red Onions, Garlic, Lemon Juice, and Mint Leaves

**HOMEMADE CAPONATA** **£3-40** 328kcal

Peppers, Aubergines and Courgettes in a Tomato Sauce served with Bath Bakery Bread

## PIZZAS

We make fresh dough (g) everyday, and our own recipe sauces, all pizzas are made to order and can be eaten in or taken away.

**MARGHERITA** (g,l) 432kcal / 576kcal

Freshly made pizza dough with Homemade Italian Tomato Sauce, Mozzarella, Cheddar Cheese

**MEDITERRANEAN VEG** (g, l) 780kcal / 1040kcal

Freshly made pizza dough with Homemade Italian Tomato Sauce, Mozzarella, Cheddar Cheese and Roasted Mediterranean Tomato, Peppers, Onions, Courgettes and Aubergine

**VEGETARIAN SAUSAGE** (g, l)

Freshly made pizza dough with Homemade Italian Tomato Sauce, Vegetarian Sausages, Mozzarella, Cheddar Cheese and Onion

**EXTRA TOPPINGS £1.00 EACH**

Mushroom, Olive, Pineapple, Cherry Tomato, Aubergine, Courgette, Sweetcorn, Mixed Peppers, Onion, Feta, Spinach, Med Veg, Jalapenos, Cheese (l)

**VEGAN? ALL PIZZAS CAN BE MADE WITHOUT CHEESE**

**Gluten Free 9" Pizza Base from Bath Bakery's "Batch No 5" available for £4.50**

**9" £4.00 OR 12" £6.00**

**VEGAN MED VEG** (g)

Freshly made pizza dough with Homemade Italian Tomato Sauce, Roasted Mediterranean Tomato, Peppers, Onions, Courgettes and Aubergine and Rocket

**SPINACH AND FETA** (g,l) 810kcal / 1080kcal

Freshly made pizza dough with Homemade Italian Tomato Sauce, Lightly sprinkled with Mozzarella Cheddar Cheese, topped with Spinach and Feta

**PESTO** (g, l) 900kcal / 1200kcal

Freshly made pizza dough with Homemade Pesto Sauce, Mozzarella Cheese and Sliced Tomatoes

## SALADS

All our fruit and vegetables used are sourced and grown locally in Bath. Look out for our salad specials!

**AVOCADO SALAD** **£4.30** 262kcal

Seasonal Salad Leaves, Cherry Tomatoes, Radish, Cucumber and Spring Onion salad with chunky pieces of Avocado and Garlic, Lemon Juice and Olive Oil dressing.

**MED VEG WITH COUSCOUS** **£4.30** 359kcal

Roasted Mediterranean Vegetables with fresh Couscous on a bed of Seasonal Salad Leaves, Cucumber, Onion and Tomato with a Pesto and Olive Oil salad dressing.

**GREEK SALAD** **£4.30** 270kcal

Made with Seasonal Salad Leaves, Tomatoes, sliced Cucumber, Onion, Feta Cheese (l) and Olives seasoned with an Oregano and Olive Oil dressing.

**MAKE YOUR OWN** **£1.90** 64kcal

A salad with mixed Salad Leaves, Peppers, Cucumber and Onion with a Balsamic Vinegar, Olive Oil and Mustard dressing with toppings of your choice.

**...£1.20 PER TOPPING**

Hard Boiled Egg(e), Five Bean 152kcal, Grilled Halloumi Cheese, Feta Cheese (l) 135kcal, Olives.

## PANINIS

**£3.20** (g,l)

All served with a salad garnish

**CHEESEY ROASTED MUSHROOM MELT** Mushrooms, Onion, Balsamic Vinegar, Cream Cheese and Cheddar & Mozzarella Cheese (g,l)

**HALLOUMI AND RED ONION** Halloumi Cheese, Red Onion with Sweet Chilli Sauce (g,l)

**MEDITERRANEAN VEG** Roasted Mediterranean Tomatoes, Peppers, Courgettes, Aubergine and Onion with Cheddar & Mozzarella Cheese (g,l) 428kcal

**BRIE AND CRANBERRY** Brie Cheese with Cranberry Sauce (g,l)

**PIZZINI** Homemade Pizza Sauce with slices of vegetarian sausage, Tomato, Basil and Cheddar & Mozzarella Cheese (g,l)

**PESTO** Homemade Pesto with Tomato and Mozzarella Cheese (g,l) 452kcal

**SPINACH & FETA** Spinach leaves with Feta Cheese, Tomato and Red Onion (g,l) 211kcal

## Light Bites

**MIXED OLIVES** **£1.50** 126kcal

**STUFFED OLIVES** **£1.50** 168kcal

**BREAD & OLIVES** **£2.50** (g) 311kcal Bath Bakery Bread with mixed Olives & an Olive Oil & Balsamic Vinegar dip

**HOMEMADE PESTO** **£3.60** (g) 330kcal with Bath Bakery Bread

**HOMEMADE HUMMUS** **£3.60** (g) 512kcal with Flatbreads

## SIDES

<b>SKINNY FRIES</b> 163kcal	<b>£2.20</b>	<b>SIDE SALAD</b> 31kcal	<b>£1.00</b>
<b>CHEESY SKINNY FRIES</b> 213kcal	<b>£2.60</b>	<b>SPRING ROLLS</b> (4) (g) 306kcal	<b>£2.30</b>
<b>SWEET POTATO FRIES</b> (g) 115kcal	<b>£2.40</b>	<b>SAMOSAS</b> (4) 242kcal	<b>£2.30</b>
<b>CURLY FRIES</b> (g) 177kcal	<b>£2.20</b>	<b>ONION RINGS</b> 235kcal	<b>£2.40</b>
<b>CHEESY CURLY FRIES</b> (g) 227kcal	<b>£2.60</b>	<b>HOMEMADE COLESLAW</b> 213kcal	<b>£1.30</b>
<b>4 HASH BROWNS</b> (4) 560kcal	<b>£2.00</b>	<b>HOUSE PICKLES</b> 158kcal	<b>£1.00</b>
<b>GARLIC BREAD</b> (g,l) 348kcal	<b>£1.80</b>	<b>JALAPENOS</b> 28kcal	<b>£1.00</b>
<b>CHEESY GARLIC BREAD</b> (g,l) 509kcal	<b>£2.20</b>		

**WE CATER FOR GROUP BOOKINGS & FUNCTIONS**

For information contact d.starling@bathspa.ac.uk

## DIPS

**50P EACH**

**HOMEMADE SALSA** 50kcal

**HOMEMADE BARBEQUE SAUCE** 65kcal

**MAYONNAISE** (e) 70kcal | **SOUR CREAM** (l) 46kcal

**CHIPOTLE** 45kcal | **FIRECRACKER** 34kcal

**HOMEMADE HUMMUS** 111kcal **£0.60**

**HOMEMADE GUACAMOLE** 150kcal **£0.60**